### **Applicant Information**

Interested physicians should submit all applications through ERAS only. Completed ERAS applications will be reviewed and personal interviews offered by invitation only. Applicants for this program must submit their rank list through the Pediatric Rehabilitation Medicine match in the NRMP.

### ACGME #3464131017



Jason Edinger, DO Assistant Professor Program Director



**Angela Garcia, MD** Assistant Professor Assistant Program Director

# Department of Physical Medicine & Rehabilitation

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# FELLOWSHIP IN PEDIATRIC REHABILITATION MEDICINE



Department of Physical Medicine & Rehabilitation

LIFE CHANGING MEDICINE

Children's Hospital of Pittsburgh Rehabilitation Institute



Optimizing the health, wellness, and function of children with disabilities

### Overview

Fellowship training is centered at UPMC Children's Hospital of Pittsburgh (CHP) a level 1 trauma center and home to the Children's Hospital Rehabilitation Unit (CHRU).

Fellows rotate through a comprehensive and well-rounded 2-year curriculum that provides the education and experience needed to practice as a pediatric physiatrist. The curriculum includes:

- Pediatric rehabilitation consults
- Inpatient comprehensive pediatric rehabilitation
- Outpatient PRM clinics
- Rehabilitation procedures
- General pediatrics
- Quality improvement
- Research

In addition to clinical and research activities, fellows will volunteer at Camp Inspire, a camp for children using ventilators. This opportunity teaches fellows through exposure to the lives of these special children. Fellows usually attend during their 2nd year.

## **Research and Quality Improvement**

Fellows participate in a 1-month research rotation early in the 1st year to establish their research interests and have weekly protected time for research through the fellowship.

# **Inpatient Experiences**

Our fellows experience inpatient pediatric rehabilitation at the CHRU, a new 12 bed acute inpatient pediatric rehabilitation unit inside Children's Hospital of Pittsburgh. A wide range of inpatient referrals include patients with acquired brain injury, spinal cord injury, and rare disorders, as well as patients who are status post-transplant.

PRM physicians lead a team consisting of both therapeutic and supportive services including physical therapy, occupational therapy, speech therapy, therapeutic recreation, behavioral psychology, neuropsychology, social work, and child education.

Fellows also gain experience on our busy pediatric rehabilitation medicine consultative service at CHP, where we assist our colleagues in evaluating acute care needs and planning for postacute care rehabilitation needs.

### **Outpatient Experiences**

PRM fellows will participate in patientcentered multi-disciplinary outpatient clinics and programs including:

- Cerebral Palsy & Related Disorders Clinic
- Spina Bifida Clinic
- Acquired Brain Injury Clinic
- Muscular Dystrophy Clinic
- Spasticity/Movement Disorder Clinic
- Chronic Pain Clinic
- Brachial Plexus Clinic
- Community Outreach Experiences
- Feeding and Swallowing Clinic
- Durable Medical Equipment Clinic
- Epilepsy Procedure Clinic
- NICU Follow-up Clinic
- Baclofen Pump Clinic and Fellows

Our Fellows are also exposed to (or participate in) Acupuncture, Ultrasound, and Adaptive Sports. The 2nd Friday afternoon of every month is dedicated for all clinical staff to gather for a faculty meeting, CHRU process improvement meeting, didactic presentations, and a journal club.

Fellows also participate in:

- PRM Procedures Clinic (Botox/EMG/nerve block trigger points)
- Fellows' Clinic (Weekly dedicated clinic to follow patient throughout their fellowship. The fellows' clinic has alternating attendings for exposure to different practice styles.)
- Baclofen Pump Clinc (Fellow rotate with neurosurgery and gain experience with refilling and managing intrathecal baclofen pumps.)

