Research Study



### Mobile Health App for Military Service Members or Veterans with SCI and their Caregivers

Principal Investigator: Dr. Yong Choi

#### Purpose/About study

To improve the mobile app developed to support a military person with Spinal Cord Injury (SCI) and their caregivers. The app is designed as dual-target intervention for both individuals with SCI and their caregivers. We need to understand your needs to best support you.

#### Participation

- Participate in 3 to 6 group discussions over Zoom
- Each group discussion is 60-90 minutes long.
- Try out a mobile app for 6 months and give your opinion.
- Prior experience with Zoom not required
- Compensation is provided.



# Your opinion is important: Participate in our study!

We need your feedback to improve the mobile apps to support military members or Veterans with SCI, and their caregivers manage their medical issues.

# Eligibility

- Military Service Member or Veterans with SCI and
- The primary caregiver of military person with SCI
- Age 18+
- Have smartphone
- Internet and Zoom Access

### Learn More

To participate or learn more, contact us at 412-608-6118 & mention "mobile app study"



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