



Recreation, Vocation and Peer Support after Spinal Cord Injury: Phoenix Rising

Tom Antolic, Randall Huzinec, Bryan McCormick,
Claire Senita, Marshall Tempest

Preparation for Peer Support

- Psychologically prepared.
- Patient consent.

Spinal Cord Injury and Disease Peer Support at

UPMC | REHABILITATION
INSTITUTE

Peer Counselors

Bi-weekly Meetings

Facebook

SCIPeerGroupUPMCMERCY

Peer Counselor Training



Three Rivers Adapted Sports



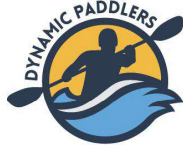
When can I getting back into sports?



Western PA Recreation Groups



Other
Recreation
Groups



Grant Resources for Adapted
Recreational Equipment



**Other Resources for
Adapted Recreational Equipment**



Physical modifications to
the recreation equipment

Vocational Rehabilitation Counseling (OVR)

- OVR's Mission
 - To help people with disabilities to gain or maintain employment
- Core services
 - Career counseling and job placement
- Funding for services to facilitate employment
- Evaluations to identify interests and abilities

References

Cahow, C., Gassaway, J., Rider, C., Joyce, J., Bogenschutz, A., Edens, K., & ... Whiteneck, G. (2012). Relationship of therapeutic recreation inpatient rehabilitation interventions and patient characteristics to outcomes following spinal cord injury: the SCIRehab project. *The Journal Of Spinal Cord Medicine*, 35(6), 547-564.

Haas, B. M., Price, L., Freeman, J. A. (2013). Qualitative evaluation of a community peer support service for people with spinal cord injury. *Spinal Cord*, 51(4), 295-9.

Hilton G, Unsworth CA, Murphy GC, Browne M, Oliver J, Longitudinal employment outcomes of an early intervention vocational rehabilitation service for people admitted to rehabilitation with a traumatic spinal cord injury, *Spinal Cord* advance online publication 14 March 2017, doi: 10.1038/sc.2017.24

Jones M, Gassaway J., Peer-supported self-management to facilitate community re-entry after discharge from spinal cord injury rehabilitation: Engaging peers as change agents and research partners *Annals of Physical and Rehabilitation Medicine* 59S (2016) e127–e130

References

Meade, M., Reed, K., Saunders, L., Krause, J. (2015). It's all of the above: benefits of working for individuals with spinal cord injury. *Topics in Spinal Cord Injury Rehabilitation*, 21(1):1-9.

Lundström, U., Lilja, M., Petersson, I., Lexell, J., & Isaksson, G. (2014). Leisure repertoire among persons with a spinal cord injury: interests, performance, and well-being. *The Journal Of Spinal Cord Medicine*, 37(2), 186-192.

Ottomanelli L, Barnett SD, Goetz LL, Toscano R. (2015). Vocational rehabilitation in spinal cord injury: what vocational service activities are associated with employment program outcome? *Topics in Spinal Cord Injury Rehabilitation*. 21(1):31-39.

Sweet SN, Noreau L, Leblond J, Martin Ginis KA. (2015). Peer support need fulfillment among adults with spinal cord injury: relationships with participation, life satisfaction and individual characteristics. *Disabil Rehabil*. May 29:1-8. [Epub ahead of print]